



Promoting healthy relationships and positive behavior, Preventing violence and sexual assault

School-based programs sponsored by The DELTA Project and New Directions Domestic Abuse Shelter

To set up programs in your school, please contact Amy Bush Stevens, DELTA Project Coordinator: 397-4357, amystevens@columbus.rr.com, www.newdirectionsshelter.org

Programs are **evidence-based** or research-based, and are provided **free** of charge to schools and other youth programs in Knox County. The DELTA Project is funded by the Centers for Disease Control and the Ohio Department of Public Health.

| Program | Outcomes | Presenter | Format & materials | Time commitment | Curriculum information |
|--|---|--|--|--|---|
| Middle School only | | | | | |
| Choose Respect | Promote healthy relationships and prevent dating abuse by teaching 11-14 year olds: <ul style="list-style-type: none"> ▪ How to recognize and avoid unhealthy relationships ▪ How to get help if they see or experience abuse ▪ Positive attitudes and behaviors that support healthy dating relationships | Choose Respect is a comprehensive campaign involving public service announcements (PSAs), brochures, posters, classroom handouts, videos, online multimedia activities, and teacher/community guides. Movie theater and MOTA ads (PSAs) are running in Knox County throughout 2007. | | Varies depending on component. The teen version of the DVD is 13 minutes long. The DVD, teacher guides, posters, and handouts could be used for one or more class periods. | Centers for Disease Control, Choose Respect initiative www.chooserespect.org <i>Parent component also available</i> |
| High School only | | | | | |
| Safe Dates | <ul style="list-style-type: none"> ▪ Raise student awareness about healthy and abusive dating relationships ▪ Skills and resources to help those in abusive relationships ▪ Positive communication, anger management, and conflict resolution skills | New Directions staff (Bonnie Cline), or classroom teachers or school counselors could be trained | Curriculum binder with lesson plans, discussion guides, activities, worksheets, etc. | 4-9 class sessions | www.hazelden.org |
| Other presentations (male role models, body image, self-defense, etc.) | Gender-specific presentations, by request | Kenyon Men Against Sexual Assault, others | Varies | 1 or more class sessions | NA |

| Middle or High School | | | | | |
|----------------------------|--|-----------------------------------|--|-------------------------|---|
| Program | Outcomes | Presenter | Format & materials | Time commitment | Curriculum information |
| Media Literacy* | <ul style="list-style-type: none"> ▪ Skills for thinking critically about TV, movies, music, advertising, and other media ▪ Greater awareness of portrayals of gender roles, violence, and body image in popular culture ▪ Opportunities to create new, positive media messages | DELTA consultants and volunteers | Discussions, CD-ROM with media clips, magazines, design-your-own-ad activity, etc. | 4-11 sessions | New Mexico Media Literacy Project www.nmmlp.org |
| MOST Clubs | <p>Men of Strength Clubs (MOST):</p> <ul style="list-style-type: none"> ▪ Mobilize male youth to prevent men's violence against women ▪ Build young men's capacity to challenge harmful aspects of traditional masculinity and value alternative visions of male strength | DELTA volunteers, Kenyon students | After-school program for youth organizations or schools; Training, curriculum, and materials available | To be determined | Men Can Stop Rape www.mencanstoprape.com |
| Strength Mediaworks | <ul style="list-style-type: none"> ▪ Educate young men about their role as allies with women in preventing dating violence ▪ Promote positive, nonviolent models of male strength | NA | Posters to be used to facilitate discussions | 1 or more class periods | Men Can Stop Rape www.mencanstoprape.com |

***The Media Literacy program supports the following Ohio Academic Content Standards:**

- English Language Arts: Writing Applications, Research, and Communications (Oral and Visual)
- Social Studies: People in Societies, Social Studies Skills and Methods, and Economics

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| Preschool/ Kindergarten | | | | | |
| Second Step Pre/K | <p>Increased social-emotional skills:</p> <ul style="list-style-type: none"> ▪ Empathy ▪ Impulse control ▪ Anger management ▪ Problem solving | Classroom teachers | Curriculum kit with photo/story cards, puppets, teacher manual, etc. | 28 lessons, generally done once each week for about 15 minutes per session. Six-hour summer teacher training provided. | <p>Committee for Children, www.cfchildren.org</p> <p><i>Parent component also available</i></p> |
| Woven Word | <p>Increased social-emotional and literacy skills:</p> <ul style="list-style-type: none"> ▪ Comprehension, vocabulary, print conventions, and oral language ▪ Feelings, coping strategies, and prosocial language | Classroom teachers | Curriculum kit with classroom and family take-home books, scripted readings and activities, teacher guide, DVD etc. | 17 lessons, plus 12 book readings | Committee for Children, www.cfchildren.org |
| Child Assault Prevention (CAP) | <ul style="list-style-type: none"> ▪ Empowers children to reduce their vulnerability to physical or sexual assault ▪ Age-appropriate knowledge of how to avoid and respond to assault by peers, strangers, and known adults | New Directions staff (Bonnie Cline and Deb Eiben) | Interactive workshop with role plays, stories, dolls, and discussion | 3 sessions on successive days, 20 minutes each | International Center for Assault Prevention, www.ncap.org |
| Elementary School | | | | | |
| Second Step for Grades 1-5 | <p>Increased social-emotional skills:</p> <ul style="list-style-type: none"> ▪ Empathy ▪ Impulse control ▪ Anger management ▪ Problem solving | Classroom teachers | Curriculum kit with photo/story cards, puppets, teacher manual, DVD, etc. | 14-27 lessons, generally done once each week for about 30 minutes per session. | Committee for Children, www.cfchildren.org |
| Steps to Respect for grades 3-6 | <p>Bullying prevention:</p> <ul style="list-style-type: none"> ▪ Friendship skills and positive social values ▪ How to recognize, refuse, and report bullying ▪ Literature lessons | Classroom teachers | Curriculum kit with story books, posters, DVDs, teacher guide, etc. | School-wide and family components, plus 10 classroom skill lessons, 20-30 minutes each | Committee for Children, www.cfchildren.org |

Middle/High School